



"Blue Penguin"

This picture is from Wikipedia from the Adelaide Zoo Files.

"Philosophy is written in this grand book - I mean the Universe - which stands continually open to our gaze, but it cannot be understood unless one first learns to comprehend the language and interpret the characters in which it is written. It is written in the language of mathematics, and its characters are triangles, circles and other geometrical figures, without which it is humanly impossible to understand a single word of it." -----Galileo Galilei

"Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma - which is living with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary."
-Steve Jobs, Co-founder of Apple

Spirit Animal – Fairy (Blue) Penguin

Editors note: I am writing this discussion of the Fairy Penguin as a spirit guide in response to a post from Anonymous who lives in Sydney, Australia. The post appeared on the blog on Spirit Guide - Penguin from March 6, 2008. For anyone that wants to link to see the story that Anonymous wrote in the comment, please link by hitting control and clicking at the same time, to <https://www.blogger.com/comment.g?blogID=8315732063040319391&postID=6502386123181784848>. The blog is located at <http://angelsandancestors.blogspot.com/>.

Anonymous, thank you for writing such a great description of how Fairy Penguin appeared to you and for asking for some guidance about this appearance of a somewhat unique guide in your life. As you did not leave an email address, I was not able to respond directly to you.

What I have learned is that when a spirit guide pops up in your life, it is there to help you focus on what is happening and what will be happening for the next week or two. To begin this blog, I needed to look up a picture of a Fairy Penguin because I do not know much about this animal. As you can see from the picture, the Fairy Penguin has beautiful colouring that reflects the message that it may bring to people. Some may call the feather colour blue, and others will call it indigo. Whichever, the colour blue is associated with our throat chakra while the colour indigo is associated with the third eye or brow chakra. So, what is the message in the colour blue? Fairy Penguin is telling you to speak the truth, or your truth which may be the same thing, depending on the circumstances.

This thought brings to mind the book, "The Four Agreements" by Don Miguel Ruiz. In his book, Ruiz lays out the first agreement.

1. Be Impeccable With Your Word

Speak with integrity. Say only what you mean. Avoid using the word to speak against yourself or to gossip about others. Use the power of your word in the direction of truth and love.

Are you speaking your truth? Are you walking your truth? Are you aware of a situation that is a lie or cover up, and is it time for you to "uncover" the truth? The throat chakra is about communication as well. Just as you ask what the Penguin is trying to say - the Penguin may be saying to you that you need to communicate more and with a different tone/technique than you are now using. If people do not understand you, it may be their challenge or it may be yours. Generally, it is both. Those around us mirror that which we struggle with. An interesting thought is that the throat is used to express the will of the Creator (or God/Goddess). Do you need to express a spiritual truth that you have been suppressing? If so, this little Fairy Penguin might be telling you about new beginnings and to get actively involved in something that expresses the creative voice and will of Creator and Universe. What is it that has been nudging you in the last several weeks - a conservation type project - perhaps helping with the Fairy Penguin, or is it about taking an active role in your community?

If you see the blue as more of an indigo colour, then the message is bringing you an awareness of your third eye. The third eye is about "seeing" what is beyond the visible or beyond our concept of reality. The fact that you saw a Fairy Penguin that others seem to be missing. Remember that the "Fairy" part of the Penguin's name is about 4th Dimensional Reality, about magic and mystery, and about the unknown. Is your awareness growing? Are your psychic abilities now starting to present themselves? Are you doing anything - taking training, meditating - to help this process? The colour indigo is also a reminder that one needs to seek the highest truth (there is that truth thing again!) and usually the highest truth is that message or way of living that happens with Divine guidance.

The Blue Penguin or Fairy Penguin grows up to sixteen inches tall. His small size is certainly similar to what we believe the size of fairies to be. The white breast is associated with the colour of spirit. The dark and light contrast may be about moving between spirit and form, or between the light and night of the world. As the Penguin may move between the water and land, the little Blue Penguin also moves between the seen and the unseen. There is a very definite invitation in the "bark" (this penguin makes a barking sound) of the penguin to take the "plunge" and move into the emotion and experience of working with the unseen. Remember too that water is always about emotion, so when an animal or another water related being speaks to you from the water, they are asking you to dive down into your emotions and examine them, and "swim" through them to get out the food or what you need and let the rest go.

You have been given a great gift! May Fairy Penguin walk with you for more of your journey!
© June 2008 Judith Hirst-Joyeux. Judith is using her Healer-Sage-Shaman skills to become ever more in tune with the environment and with the people around her. She is grateful for the guidance from the Angelic Realms, from the Goddesses and Gods, and from the One Divine.